

Grimes Parks & Recreation De

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www.grimesiowa.gov

CITY OF
GRIMES



Tots Rock-n-More (Hands-on Music Fun)

Program Description:

This class is an opportunity for children ages 1 to 5 and their caregiver to have hands on time with instruments and other fun props while enjoying age appropriate music! This 45-minute class includes familiar songs and will incorporate movement and dance activities to improve coordination and balance with music making. Parachutes, shakers, and pom poms are just a few of the props we will enjoy during this class. Choose this weekly class for children and their caregiver for an informal, fun time that will nurture your child's natural love of music, and both of you will meet new friends!

Who: For Ages 1-5 and their parent/caregiver

Where: GCC Multi-Purpose Room #400

Dates: Fall Session 1: Tuesdays, September 4 – October 2, 2012
Fall Session 2: Tuesdays, November 6 – December 4, 2012
Winter Session 1: Tuesdays, February 5 – March 5, 2013
Winter Session 2: Tuesdays, April 2 – 30, 2013

Times: 5:45pm – 6:30pm

Instructor: Mandi Nelsen, mandinelsen@hotmail.com or 986-4325

Questions: Contact Brett Barber at bbarber@ci.grimes.ia.us or at 515-986-2143

To Register: Register ONLINE, OR bring in registration to the Grimes Parks and Recreation Office, OR mail to Grimes Parks and Recreation 410 SE Main St. Grimes, IA 50111.

Cost: \$30.00 per student per session for 5 classes (parent/caregiver are free)



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2012-13 "Tots Rock-n-More" Registration Form

PARTICIPANT'S NAME: _____ DOB: _____ Age: _____

PARENT/GUARDIAN'S NAME: _____

STREET ADDRESS: _____ CITY: _____ ZIP CODE: _____

EMAIL: _____ PHONE: _____

I would like to be added to the Grimes Parks and Rec Email List: YES NO ALREADY ON LIST

Please Circle: Fall: Session 1 Fall: Session 2 Winter: Session 1 Winter: Session 2

Cost is \$30 per student per session

Release and Indemnification Agreement:

I hereby request that you accept my child's application for registration in this Grimes Park and Recreation Department program. With consideration of your acceptance of my child, I hereby release the City of Grimes, and the coaches and volunteers associated with this program from all claims which may arise in the event my child is injured in an accident that occurs while he or she is participating in this program. I further agree to indemnify the City of Grimes, its employees, and the coaches and volunteers associated with this program for any claim, which may hereafter be presented on behalf of my child as a result of any such injuries. I hereby acknowledge that it is my responsibility, not the responsibility of the City of Grimes, to provide medical insurance coverage in the event I desire to have medical insurance coverage for my child while he or she participates in this particular activity. I will also allow pictures of my child during this program to be used only for the marketing purposes of future Grimes Parks and Recreation programs.

Signature of Parent or Guardian

Date

Grimes Parks & Recreation Office Location ~ 410 SE Main St. in Grimes